



DONEGAL ADVENTURE CENTRE & SURF SCHOOL

SURF & SKATE CAMP DATES 2011

STUDENTS RESIDENT IN IRELAND.

PRICES INCLUSIVE OF ALL MEALS, EQUIPMENT,
FULL ACTIVITY PROGRAMME & SUPERVISION.

SUMMER SURF & SKATE CAMPS

JUNE CAMPS 2011

Monday June 6th-Friday 17th **2 WEEK SPECIAL OFFER 800 EURO**

Monday 13th June -Friday 17th June

Monday 20th June -Friday 24th June

Price per person **SPECIAL OFFER 350 euro each week.**

SUMMER CAMPS: JULY & AUGUST 2011

SURF CAMP JULY (ADVENTURE IRELAND)

3 weeks June 27-July 15	1800 euro
2 weeks	1200 euro
1 week	650 euro
5 day (Monday-Friday)	450 euro

SURF CAMP AUGUST

3 weeks	1200 euro
2 weeks	850 euro
1 week	450 euro
5 day (Monday-Friday)	380 euro

What the fees include:

Accommodation, all bed linen and room comfort. Breakfast, lunch & evening 3-course meal. Full tuition and coaching in surfing. All necessary equipment including wetsuit, surfboard, bodyboard, surf coaching & lifeguarding. Activities also include climbing & abseiling, archery, high ropes, low ropes, skateboarding & many more fun pursuits after surf coaching. Evening activities include cinema, bowling, centre games & performance, nightline and more. All activities and pursuits are fully supervised. Night activities are fully supervised, and a night-duty instructor will be available from midnight-breakfast time.

Is it value for money?

Programmes at Donegal Adventure Centre provide a superb level of care, attention, tuition and friendliness to all our visitors. We are consistently praised for our professional but fun atmosphere for teens. Our supervision is firm and clear, and allows teens to enjoy themselves without the threat of bullying, insecurity, peer pressure and other factors which can interfere with the confusing teenage years! Surfing is a cool and fun activity, it's healthy, fulfilling and engaging, and teens of all shapes, sizes and levels of fitness can enjoy it. Our instructors are experienced, highly trained, and commended for their skills in working with teenagers. The centre has won the Bord Failte 'Welcome Ireland' award twice since 2006, and we have hundreds of parents, teachers, students and teens who continue to return to us time after time.

It is impossible to describe the level of attention and service we give to every kid who comes over to us. You'll have to talk to other parents...and we are happy to provide contacts to other parents: but in 11 years we have had nothing but positive feedback on our unique programme. We promise to provide the most amazing holiday. If your child needs anything- a little TLC, a little encouragement, to meet new friends, to see new things...they get it with us. We will be in constant contact with you. We do a website diary every day so you know what's happening. (Read our 2009 blog Diary on www.adventure-ireland.com.) It is difficult for any parent not to worry about a teenager on holidays: we assure you that this holiday will be a healthy and rewarding experience, and you may not get a thank-you now...but you'll get one eventually ☺ oh and by the way....anyone can surf, at any age, check out our adult surf weekends and try it yourself!

PAYING FEES 2011

To reserve a place, a deposit of 200 EURO must accompany the application forms below.

The balance of fees must be paid before departure. Instalments can be paid if this is preferable.

Credit cards (Visa and MasterCard) are the easiest way to pay fees. We do not accept American Express. Call us with the details and we will process the deposit. We do not recommend that you email credit card details

Direct transfer though your bank:

You can use the following Bank details and pay fees directly through your own bank (see application form)

The address to mail cheques:

The Director
Surf camp
Donegal Adventure Centre
Bayview Avenue, Bundoran
Co. Donegal

To pay by bank transfer:

BANK NAME: Allied Irish Bank, Ballyshannon, County Donegal, Ireland.

BANK ADDRESS: Ballyshannon, County Donegal, Ireland.

SWIFT CODE or BIC NUMBER IS AIB KIE2D

IBAN NUMBER IS IE73AIBK 9371 8507 0280 38

Your bank will request payment of a transfer fee. Fees differ according to each bank; we suggest you ask in advance to ensure the lowest possible fee. You are responsible for the transfer fee.

THE APPLICATION FORM- PAGE 1
SURF CAMP 2011 PRINT & RETURN TO DAC

NAME OF STUDENT:
AGE OF STUDENT:
GENDER OF STUDENT:
HOME ADDRESS:
HOME TELEPHONE NUMBER:
PARENT/GUARDIAN ARRANGING DETAILS:
PARENT ADDRESS (IF DIFFERENT FROM ABOVE)
PARENT CELL/MOBILE (INCLUDE COUNTRY CODE) +
PARENT EMAIL:
STUDENT EMAIL:
STUDENT CELL /MOBILE (INCLUDE COUNTRY CODE) +

I WOULD LIKE _____ TO ATTEND THE SURF CAMP FROM _____ UNTIL _____
Day Month Day Month

TO AVOID CONFUSION, WRITE OUT THE DATE AND THE NAME OF THE MONTH (of the programme) PLEASE.

: _____

TRANSFER DETAILS

PLEASE ENCLOSE A COPY OF YOUR TRAVEL PLANS INCLUDED EXPECTED ARRIVAL & DEPARTURE TIMES AT DONEGAL ADVENTURE CENTRE

Note: We can arrange collection and drop off for kids travelling to Ballyshannon by bus. Collection fee: 10 euro each way. Summertime transfers: Buses from Dublin Airport each Friday. Further details on request.

Deposit Details

TOTAL FEE DUE: _____

CREDIT CARD

Please enclose credit card details. A deposit will be processed on receipt.

CARD HOLDER _____

CREDIT CARD COMPANY VISA MASTERCARD

EXPIRY DATE _____

CARD HOLDER ADDRESS _____

To pay by bank transfer:

BANK NAME: Allied Irish Bank, Ballyshannon, County Donegal, Ireland.

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APPLICATION PACK-PAGE 2
STATEMENT OF DUE WARNING AND ASSUMPTION OF RISK FORM (to be completed by parent/GUARDIAN)

I (PARENT/GUARDIAN) _____ ENROL _____ (Participant) in surf camp from _____ to _____.

I have been advised and am aware of the inherent and / or latent danger (including but not limited to: risk of serious injury, the hazards of travel, accident or illness, or acts of God) of participating in such an activity. I am aware that this program outdoor activities and there is a risk of accident or injury. I am aware and have been advised that even with full & COMPETENT SUPERVISION, SURFING AND OTHER OUTDOOR SPORTS CARRY A CONSIDERABLE RISK OF MINOR INJURIES WHICH CAN INCLUDE SPRAINED & PULLED MUSCLES, BUMPS, BRUISES, SCRATCHES, STINGS, & other physical injuries..

I have read and understand the above (Please tick)

I understand that this is a group program, and that group standards must be observed. I agree that Donegal Adventure Centre and the Director, Niamh Hamill shall have the right to terminate the enrolment of my son/daughter/ for failure to maintain these standards, for actions or conduct which the Program and /or course director considers to be detrimental to or incompatible with the interest, harmony, comfort or welfare of the course and group as a whole. I understand that if I am asked to withdraw my child from the program, I must bear responsibility for all costs including immediate return home. I understand that the Program and/ or course director reserves the right to change assignments and to make alterations in itineraries at any time without prior notice.

I have read and understand the above (Please tick)

Parent/guardian signature: _____

I understand that this is a group program, and that group standards must be observed. I am aware of the rules of the programme and I agree that Donegal Adventure centre and the Director, Niamh Hamill shall have the right to terminate my for failure to maintain these standards, for actions or conduct which the Program and /or course director considers to be detrimental to or incompatible with the interest, harmony, comfort or welfare of the course and group as a whole.

Participant signature _____

I have read and understand the above (Please tick)

CONSENT FOR EMERGENCY TREATMENT

Emergency Contact (If parent is unavailable):

Name of Contact: _____

Address: _____

Home Telephone Number: _____

Work Telephone Number: _____

Are there special health problems of which we should be aware? (Allergies, medications, etc.) _____

Any specific dietary Requests: _____

I give my permission for medical treatment for my daughter/ son if accident/ illness as is necessary during the Adventure Ireland Program. This would include referral to a local hospital, which may result in his/her hospitalisation, anaesthesia and surgery, and I or my emergency contacts are unable to be reached immediately for consent.

I accept that in this event, where an immediate decision is required the staff of Donegal Adventure Centre will make their best judgement as circumstances arise.

Date: _____

Signature of Parent/Guardian _____

Relationship _____

SKATEBOARDING

We offer skateboarding as an activity- all participants MUST wear protection pads & helmets. However, there is always a risk of injury in skateboarding. It is impossible to prevent falls, and awkward falls can result in broken bones. Teens must only use the skate ramps while supervised and as directed by the skate staff. The Donegal Adventure Centre accept no responsibilities for any incidents which take place if teens are not wearing protection pads and helmets, or skate on the ramps without a skate instructor.

YES I understand that skateboarding can result in falls and accidents, I accept this risk and allow my child to participate in supervised sessions, wearing protection & helmet. I understand that despite these controls, accidents may happen, and I am fully aware of the risk.

Please indicate here whether you wish your teen to be allowed to use the skateboarding facility or not.

YES I ALLOW _____ TO SKATEBOARD

NO I DO NOT ALLOW _____ TO SKATEBOARD.

SIGNED BY PARENT _____ DATE _____

SIGNED BY TEEN _____ DATE _____

RETURN THESE TWO SHEETS BY EMAIL TO info@donegaladventurecentre.net or MAIL TO DONEGAL ADVENTURE CENTRE, BAYVIEW AVE BUNDORAN COUNTY DONEGAL IRELAND tel 07198 42418 skype DonegalAdventureCentre

WHAT TO PACK:

Your child/teen will not need bed linen. We provide all this.

They will not need wetsuits or surf equipment, but are welcome to bring any surf equipment of their own.

They will need

Swimsuit, Towels, an old pair of runners that can get wet. We highly recommend that Surf campers bring surf booties, gloves and rash vests. These are available from all good sports shops or we will be happy to help you source them.

Lots of warm old clothes, comfortable runners, toiletries, a good waterproof jacket,

Winter: gloves, hat scarf summer : sunblock,

All items are brought at **child's own risk**: please make sure clothes are labelled, and we advise you not to bring expensive items such as football jerseys, label jackets etc. old, warm clothes are fine! **We take no responsibility for loss or theft- the centre is very busy, with a lot of activity in changing rooms.** DO NOT BRING VALUABLE ITEMS!

Cameras, mobile phones, ipods etc- all highly attractive items for theft! If brought, they are absolutely the responsibility of the student.

Contact phone number 9-5pm 07198 42418

Emergency (please only use if a genuine emergency!) 087 294 1232 or 087 2941232

SAFETY & SUPERVISION

As parents, you will have concerns about the level of supervision. We first recommend that you do contact parents who have through the booking process, have sent their kids and can tell you all about what we do. We say this with full confidence, because, to date, we have never had a complaint from any parent about our care of the young visitors in our care. These references are available by email

General policy:

Please note; the safety and well being of all our kids is our priority.

The rules below reflect our absolute insistence on a drink/drug free environment, a respectful relationship between staff and participants and a spirit of tolerance and friendship in the group. We will not make exceptions, 2nd chances, -the rules are few, but very very clear!

THE PROGRAM:

Our students are supervised all the time. We do use our discretion with older students (ages 16-18) regarding short trips to the shops etc.

SMOKING CIGARETTES

DAC Surf Camp is a non-smoking program. **WE DO NOT ALLOW STUDENTS TO SMOKE AT ANY TIME.** If we find our students smoking, we reserve the right to confiscate cigarettes. Smoking in this building is against Irish Law (and obviously a serious hazard) and we will fully exercise all options if we find students smoking in any part of the building. We will always inform parents of any incident.

Alcohol

Our program is absolutely alcohol free. Students are not allowed to purchase alcohol, enter licensed premises or off-license*, be present with persons who have alcohol, drink alcohol etc. The legal drinking age is 18 years, and students who are underage and have; bring; witness or purchase alcohol/ illegal drugs will be sent home immediately without refund at their own expense. Any student who is aware of others drinking or using drugs must report immediately to the manager or they will be considered an accomplice and sent home. There will be no exceptions made. We will not refund fees or be responsible for any expense of transfer or travel arrangements. **We will just expel the offender from the programme** and send them home immediately. Students who are expelled from the program will no longer be, in any way, the responsibility of this program. We will always inform parents of any incident.

This has been our policy from day 1 and it has proved the best way of ensuring a safe and happy environment for all. **Please ensure that your student / child is fully aware of this policy and the implications thereof.**

Drugs/Substance abuse

The above rules apply to the taking of illegal substances, or Drug abuse. DAC will expel students immediately from the program if there is a situation with the above. We will always inform parents of any incident. Students who are expelled from the program will no longer be, in any way, the responsibility of this program. Schools will be informed of any major offences.

General behaviour

Body piercing and tattoos while on this programme will not be permitted. We ask parents NOT to give permission for these, and students will be clearly informed that this is not allowed. T-shirts with offensive or provocative slogans not allowed.

Antisocial behaviour as decided by DAC staff will not be tolerated. This includes bad language, bullying or teasing, disrespect to others, lack of co-operation etc. generally speaking, we are well used to handling groups of teens, and these situations don't arise, and our experience of Adventure Ireland students has generally been very enthusiastic and co operative. A little flexibility allows students to have fun, but they will all be aware of limits, beyond which there will be consequences.

The staff at DAC will deal with minor incidents as we see fit. Parents will be consulted if necessary. As we are 'in loco parentis' we ask for your full co-operation and support.

All activities scheduled by the program are fully supervised by qualified outdoor-pursuits staff. There is always night supervision and Adventure Ireland staff will always be on hand 24 hours.

ILLNESS AND ACCIDENTS

We will take care of any ill child as we would one of our own. Medical assistance is immediately available. Colds and flu's etc will be treated with standard medication. Sprains, bruises etc. likewise.

Parents will be notified immediately if more significant treatment is required. You will have informed us of all illnesses, allergies, etc and a full file is kept on each student for immediate reference. See Emergency Consent Form

FAMILY SITUATIONS

We understand that sometimes there are current 'family' situations such as bereavement, divorce, serious illness etc in the background. If there is a potentially upsetting or difficult background, please make the Director of the program aware of the basic details. All matters will be dealt with absolutely confidentially and staff informed on a need-to-know basis. We assume parents will communicate details with each other and we use one parental address for emails etc. If this is NOT the case, please explain that to the program director.

We do not discriminate against children with learning disorders, medical conditions or special needs, but we must have all relevant information in advance so that we know exactly what we are dealing with.

OUTSIDE VISITORS

It is not uncommon to have relatives or friends visit during the programme. However, DAC staff will not allow students to leave the campus with anyone unless the visit has been notified to the Director if the Programme in writing, and clear instructions have been discussed. This is to ensure safety and care at all times.

THE FINAL SAY:

Years of experience have moulded our list of do's and don'ts. We don't let (even experienced) teen surfers go out on dangerous waves or surf in bad weather. We don't allow people get buses to visit nearby relatives. Please respect our knowledge and experience and support us in our decisions. Please discuss any alternative ideas with us before suggesting it to the students. We are always happy to discuss any matter with parents but we respectfully ask you to allow us to make the call.

Cover and Insurance for accidents: A note for parents.

Dear Parents,

All of the activities run at Donegal Adventure Centre are run to the highest standards, as set out by each activity's governing body. All instructors are qualified and experienced. Equipment is consistently maintained, checked and upgraded, and all activities are very carefully structured to prevent a serious accident taking place. The Donegal Adventure Centre has full public liability insurance.

HOWEVER-

Sometimes, accidents happen. It is impossible to avoid rough-and-tumble falls in the sea, in the fields and areas where children and adults play, climb and are active. Sprains, bumps, cuts & bruises happen: people bump into each other, and the only way to absolutely prevent any risk is not to do the activities at all.

Awkward landings in surfing, skateboarding and climbing can, very occasionally, result in fractures- wrists and ankles are vulnerable to awkward falls. Our surfboards are made from foam, and rarely cause more than a bruise, but there is a risk of a bump to soft tissue areas that may be more sensitive. Skateboarding can result in very unpredictable falls, and occasionally, fractures may occur.

AS in any activity involving sport & children- accidents can and do happen. **At no stage can this centre guarantee that there is no risk.**

We at Donegal adventure centre have taken all precautions to make sure that the risk of any kind of accident is minimal- but despite all this, we do not guarantee minor accidents, including fractures. Parents of children attending this centre must accept that this is a normal and possible (although unusual) occurrence. **If you are not comfortable with this risk, we ask that you do not send your child to us.**

DIRECTIONS

How to get to Donegal Adventure Centre!

By Car:

FROM DUBLIN/EAST COAST (FASTEST ROUTE)

Take M4/N4 to Sligo (toll road) 2 1/2 hours approx

TAKE N15 from Sligo to Bundoran (25 mins approx) Drive into Bundoran passing Allingham Arms hotel on right hand side. Take next right onto Bay View Avenue (Bayview Guesthouse is right on the corner of Main St and Bay View Avenue). We are at top of the hill.

N3 via Cavan (SCENIC ROUTE) (from Dublin, East Coast)

Take N3 Via Cavan into Ballyshannon. Continue straight at Ballyshannon Roundabout (N15) for about 8 km into Bundoran. Drive through the town, past Holyrood Hotel on left of Main Street & over Bridge. Take 2nd left turn after Madden's Ould Bridge Bar onto Bay View Ave. (Bayview Guesthouse is right on the corner of Main St and Bay View Avenue). We are at the top of the hill.

N4 Via Sligo (West Coast)

From Sligo town take signs for Bundoran approx 35 mins. (N15 North) Drive into Bundoran passing Allingham Arms hotel on right hand side. Take next right onto Bay View Avenue (Bayview Guesthouse is right on the corner of Main St and Bay View Avenue). We are at top of the hill.

From Northern Ireland/ Belfast

Follow route through Ballygawley- Enniskillen (A4), Enniskillen -Belleek (A46) & Belleek-Ballyshannon (N3). Continue straight at Ballyshannon Roundabout (N15) for about 8 km into Bundoran. Drive through the town, past Holyrood Hotel on left of Main Street & over Bridge. Take 2nd left turn after Madden's Ould Bridge Bar onto Bay View Ave. (Bayview Guesthouse is right on the corner of Main St and Bay View Avenue). We are at the top of the hill.

Public Transport:

From Dublin City Centre:

Bus services: Take Dublin-Donegal via Cavan service from Busaras & get off at **Ballyshannon**. There is a connecting bus service from Ballyshannon to Bundoran. **we will collect you in Ballyshannon if you wish.** For other routes, times & details visit www.buseireann.ie

Train Services: Dublin's Connolly (Train) Station and train from Dublin to Sligo. Then you can either taxi (approx €50 euro) or bus (15 euro www.buseireann.ie) to Bundoran.

For times & details visit www.irishrail.ie

Domestic Flights:

You can fly with Aer Arann on to Sligo- the flight takes about 50 minutes and there are two flights daily- see www.aerarann.ie you then have to travel from Strandhill Airport to Bundoran, it's about 40 minutes and probably handiest to book a taxi to pick you up. There is no bus service from Strandhill Airport (Sligo) into Sligo town and you would be advised to have a taxi booked in advance- you can either get the taxi to the bus station in Sligo and bus on up, or do a deal with the taxi driver for Bundoran.